



<b>WEEK I</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Warm Salmon Cheese Roll with Baked Wedges	Beef Lasagne	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Curry with White & Brown Rice	Fish Fingers & Chips
<b>VEGETARIAN MAIN MEAL</b>	Cheese & Tomato Pizza with Baked Wedges	Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Vegan Sweet & Sour Butternut Squash with White & Brown Rice	Vegan Vegetable Nuggets & Chips
<b>PASTA</b>	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce
<b>VEGETABLES</b>	Carrots & Peas	Peas	Sweetcorn & Broccoli	Tomato, Cucumber & Carrot Salad	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Vanilla Yoghurt	Apple Pastry & Custard	Strawberry Jelly & Mandarins	Apple & Cocoa Sponge with Custard	Vegan Shortbread



<b>WEEK 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	<b>Chicken &amp; Beef Sausage &amp; Mash</b>	<b>Mince Beef Pasta Bake</b>	<b>Roast Turkey &amp; Roast Potatoes with Gravy</b>	<b>Mild Mexican Beef Chilli with White &amp; Brown Rice</b>	<b>Battered Fish &amp; Chips</b>
<b>VEGETARIAN MAIN MEAL</b>	<b>Vegan Sausage &amp; Mash</b>	<b>Vegan Potato Dumplings in Tomato &amp; Basil Sauce</b>	<b>Red Pepper &amp; Spinach Spanish Omelette</b>	<b>Vegan Mild Chilli with White &amp; Brown Rice</b>	<b>Cheese &amp; Tomato Wrap with Chips</b>
<b>PASTA</b>	<b>Pasta with Tomato Sauce</b>	<b>Pasta with Cheese Sauce</b>	<b>Pasta with Tomato Sauce</b>	<b>Pasta with Cheese Sauce</b>	<b>Pasta with Tomato Sauce</b>
<b>VEGETABLES</b>	<b>Carrots</b>	<b>Sweetcorn</b>	<b>Carrots &amp; Broccoli</b>	<b>Peas</b>	<b>Baked Beans</b>
<b>JACKET POTATOES</b>	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
<b>PUDDING</b>	<b>Vanilla Yoghurt</b>	<b>Peach &amp; Pineapple Crumble with Custard</b>	<b>Orange Jelly</b>	<b>Apple Pudding &amp; Custard</b>	<b>Chocolate Cookie</b>



<b>WEEK 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognaise with White & Brown Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Curry with White & Brown Rice	Fish Fingers & Chips
<b>VEGETARIAN MAIN MEAL</b>	Cheese & Tomato Pizza with Baked Wedges	Vegan Bolognaise with White & Brown Pasta	Macaroni Cheese	Mild Chickpea & Paneer Korma with White & Brown Rice	Vegan Falafel Kofta & Chips with Coleslaw
<b>PASTA</b>	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce	Pasta with Cheese Sauce	Pasta with Tomato Sauce
<b>VEGETABLES</b>	Sweetcorn	Carrots & Peas	Sweetcorn & Broccoli	Tomato, Cucumber & Carrot Salad	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Vanilla Yoghurt	Blueberry Muffin	Strawberry Jelly with Fruit Cocktail	Homemade Apple Crumble & Custard	White Chocolate Crispie Cake